

Teksty piosenek:

Head Shoulders Knees & Toes

♪[Point to each body part.]

Head, shoulders, knees, and toes, knees and toes.

Head, shoulders, knees, and toes, knees and toes.

And eyes and ears and mouth and nose.

Head, shoulders, knees, and toes, knees and toes.

One more time!

Head, shoulders, knees, and toes, knees and toes.

Head, shoulders, knees, and toes, knees and toes.

And eyes and ears and mouth and nose.

Head, shoulders, knees, and toes, knees and toes. ♪

One Little Finger Lyrics and Actions

♪One little finger, one little finger, one little finger. [Hold up your index finger and bend it up and down.]

Tap tap tap. [Tap your finger against your other INDEX FINGER 3 times.]

Point your finger up. [Point up!]

Point your finger down. [Point down!]

Put it on your head. Head! [Put your finger on your head and say in a loud voice, "Head!"]

One little finger, one little finger, one little finger.

Tap tap tap. [Tap your finger against your HEAD 3 times.]

Point your finger up. [Point up!]

Point your finger down. [Point down!]

Put it on your nose. Nose! [Put your finger on your nose and say in a loud voice, "Nose!"]

One little finger, one little finger, one little finger.

Tap tap tap. [Tap your finger against your NOSE 3 times.]

Point your finger up. [Point up!]

Point your finger down. [Point down!]

Put it on your chin. Chin! [Put your finger on your chin and say in a loud voice, "Chin!"]

One little finger, one little finger, one little finger.

Tap tap tap. [Tap your finger against your CHIN 3 times.]

Point your finger up. [Point up!]

Point your finger down. [Point down!]

Put it on your arm. Arm! [Put your finger on your arm and say in a loud voice, "Arm!"]

One little finger, one little finger, one little finger.

Tap tap tap. [Tap your finger against your ARM 3 times.]

Point your finger up. [Point up!]

Point your finger down. [Point down!]

Put it on your leg. Leg! [Put your finger on your leg and say in a loud voice, "Leg!"]

One little finger, one little finger, one little finger.

Tap tap tap. [Tap your finger against your LEG 3 times.]

Point your finger up. [Point up!]

Point your finger down. [Point down!]

Put it on your foot. Foot! [Put your finger on your foot and say in a loud voice, "Foot!"]

Put it on your leg. Leg! [Put your finger on your leg and say in a loud voice, "Leg!"]

Put it on your arm. Arm! [Put your finger on your arm and say in a loud voice, "Arm!"]

Put it on your chin. Chin! [Put your finger on your chin and say in a loud voice, "Chin!"]

Put it on your nose. Nose! [Put your finger on your nose and say in a loud voice, "Nose!"]

Put it on your head. Head! [Put your finger on your head and say in a loud voice, "Head!"]

Now let's wave goodbye. Goodbye! [Wave goodbye with your index finger.] 🎵

The Hokey Pokey Shake (Sing It) Lyrics and Actions

🎵 *Hey, everybody. It's time to do the Hokey Pokey!*

Make a BIIIIIG circle. Here we go.

You put one hand in. [Put one hand in the circle.]

You put one hand out. [Put that hand out of the circle.]

You put one hand in. [Put the hand back into the circle.]

And you shake, shake, shake, shake, shake. [Shake your hand.]

You do the Hokey Pokey [Spin and dance] and turn around.

Everybody turn around. [Turn around in a circle.]

You put two hands in.

You put two hands out.

You put two hands in.

And you shake, shake, shake, shake, shake.

You do the Hokey Pokey and clap your hands.

Everybody clap your hands.

You put one foot in.

You put one foot out.

You put one foot in.

And you shake, shake, shake, shake, shake.

You do the Hokey Pokey and sit down.

Everybody please sit down.

You put two feet in.

You put two feet out.
You put two feet in.
And you shake, shake, shake, shake, shake.
You do the Hokey Pokey and stand up.
Everybody please stand up.

You put your head in.
You put your head out.
You put your head in.
And you shake, shake, shake, shake, shake.
You do the Hokey Pokey and sing a song.
La, la, la, la, la, la!

You put your backside in.
You put your backside out.
You put your backside in.
And you shake, shake, shake, shake, shake.
You do the Hokey Pokey and be quiet.
Everybody please be quiet. Shh!

You put your whole self in.
Your whole self out.
Your whole self in.
And you shake, shake, shake, shake, shake.
You do the Hokey Pokey and take a bow.
Everybody take a bow.

[Encourage all of the kids to take a bow and clap for each other.] 🎵

Knock Knock, Trick Or Treat? Lyrics and Actions

Key Gestures

Trick-or-treat - Place one hand out palm up and then your other hand out palm up, as if offering two choices.

Ghost - Place your hands in front of you like a floating ghost.

Cowboy - Pretend to spin a rope over your head.

Witch - Make a witch's hat over your head by forming a pyramid with your hands.

Monster - Raise your hands like claws above your head.

Ballerina - Bend at the knees like a ballerina.

Pirate - Cover one eye with your hand to make an eye patch.

Halloween - Cover your face with both hands and then open them, as if playing peek-a-boo.

🎵 Knock knock, [Pretend to knock on a door.]
trick or treat? [*Trick-or-treat* gesture.]

Who are you? [Shrug your shoulders and then point forward.]

I'm a ghost. I'm a little ghost. [Point to yourself. *Ghost gesture.*]

Knock knock, trick or treat?

Who are you?

I'm a ghost. I'm a little ghost.

[Float around the room making ghost noises.]

Knock knock, trick or treat?

Who are you?

I'm a cowboy. I'm a little cowboy. [Point to yourself. *Cowboy gesture.*]

Knock knock, trick or treat?

Who are you?

I'm a cowboy. I'm a little cowboy.

[Move around the room like cowboys riding on horses.]

Knock knock, trick or treat?

Who are you?

I'm a witch. I'm a little witch. [Point to yourself. *Witch gesture.*]

Knock knock, trick or treat?

Who are you?

I'm a witch. I'm a little witch.

[Fly around the room like witches riding on broomsticks.]

Knock knock, trick or treat?

Who are you?

I'm a monster. I'm a little monster. [Point to yourself. *Monster gesture.*]

Knock knock, trick or treat?

Who are you?

I'm a monster. I'm a little monster.

[Stomp around the room with your arms in front of you like Frankenstein's monster!]

Knock knock, trick or treat?

Who are you?

I'm a ballerina. A little ballerina. [Point to yourself. *Ballerina gesture.*]

Knock knock, trick or treat?

Who are you?

I'm a ballerina. A little ballerina.

[Stand on your tippy toes and spin in circles.]

Knock knock, trick or treat?

Who are you?

I'm a pirate. I'm a little pirate. [Point to yourself. *Pirate gesture.*]

Knock knock, trick or treat?

Who are you?

I'm a pirate. I'm a little pirate.

[Make pirate voices - Aaaaarrrrghhh! - and pretend to have sword fights.]

Knock knock, trick or treat?

Happy Halloween. Happy Halloween. [*Halloween gesture.*]

Knock knock, trick or treat?

Happy Halloween. Happy Halloween. 🎵

Who Took The Candy? Lyrics and Actions

🎵 Who took the candy from the trick-or-treat bag? [Pat your legs and clap your hands.]

The monster took the candy from the trick-or-treat bag.

Who me? [The monster points to herself.]

Yes, you! [The other students nod their heads "yes" and point at the monster.]

Not me! [The monster shakes her head "no."]

Then who? [The students shrug their shoulders.]

The ghost! [The monster points at the ghost.]

Who took the candy from the trick-or-treat bag?

The ghost took the candy from the trick-or-treat bag.

Who me? [The ghost points to himself.]

Yes, you! [The other students nod their heads "yes" and point at the ghost.]

Not me! [The ghost shakes his head "no."]

Then who? [The students shrug their shoulders.]

The witch! [The ghost points at the witch.]

Who took the candy from the trick-or-treat bag?

The witch took the candy from the trick-or-treat bag.

Who me? [The witch points to herself.]

Yes, you! [The other students nod their heads "yes" and point at the witch.]

Not me! [The witch shakes her head "no."]

Then who?

The pirate! [The witch points at the pirate.]

Who took the candy from the trick-or-treat bag?

The pirate took the candy from the trick-or-treat bag.

Who me? [The pirate points to himself.]

Yes, you! [The other students nod their heads "yes" and point at the pirate.]

Not me! [The pirate shakes his head "no."]

Then who?

The vampire! [The pirate points at the vampire.]

Who took the candy from the trick-or-treat bag?

The vampire took the candy from the trick-or-treat bag.

Who me? [The vampire points to herself.]

Yes, you! [The other students nod their heads "yes" and point at the vampire.]

Okay, okay... I took the candy. [The vampire nods her head "yes" and pretends to eat the candy.]

It was so delicious! It was so yummy! It was so fantastic! 🎵

The Skeleton Dance Lyrics and Actions

Key Gesture

Skeleton dance - Lift your elbows up. Raise one hand. Then lower your hand while raising the other.

♪ Dem bones, dem bones, dem dancing bones. [*Skeleton dance*.]

Dem bones, dem bones, dem dancing bones. [*Skeleton dance*. Move to the right.]

Dem bones, dem bones, dem dancing bones. [*Skeleton dance*. Move to the left.]

Doin' the skeleton dance. [*Skeleton dance*.]

The foot bone's connected to the leg bone. [Point to your foot, then to your lower leg.]

The leg bone's connected to the knee bone. [Point to your lower leg, then your knee.]

The knee bone's connected to the thigh bone. [Point to your knee, then your thigh.]

Doin' the skeleton dance.

The thigh bone's connected to the hip bone. [Point to your thigh, then your hip.]

The hip bone's connected to the backbone. [Point to your hip, then your back.]

The backbone's connected to the neck bone. [Point to your back, then your neck.]

Doin' the skeleton dance.

Shake your hands to the left.

Shake your hands to the right.

Put your hands in the air.

Put your hands out of sight. [Put your hands behind your back.]

Shake your hands to the left.

Shake your hands to the right.

Put your hands in the air.

Wiggle, wiggle, wiggle, wiggle, wiggle,

wiggle, wiggle, wiggle, wiggle, wiggle,

wiggle, wiggle...wiggle your knees. [Wiggle your whole body, moving your hands all the way down your body until they reach your knees.]

Dem bones, dem bones, dem dancing bones.

Dem bones, dem bones, dem dancing bones.

Dem bones, dem bones, dem dancing bones.

Doin' the skeleton dance. 🎵